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## When we change, the world changes.

A website for the heart and soul... Change starts within the self. Now is the time for self-transformation.

*C'est avec plaisir et avec joie que le monde passe et que le grand bonheur se renouvelle.*

### What's Up this FEBRUARY

- Center for Spiritual Learning
- **Brahma Kumaris** Makati
- **Brahma Kumaris** Manila
- **Brahma Kumaris** Quezon City

Saturday, July 28, 2007

### Global Executive Retreat

Summary report – July 2007

#### Global Executive Retreat – a unique blend of spiritual and corporate wisdom.

"A rare opportunity to hit the pause button... observe and reflect on your life's impact...experience meditation and take time out...Amidst a peer group of senior executives, this residential weekend **retreat** offers a unique opportunity to unwind, discover the spiritual undercurrents influencing your choices and determine what's most important in your life..."

Approximately 35 participants from 18 countries - a select group of influential and senior executives within the business world – attended the second **Global Executive Retreat** at the **Global Retreat** Centre, Oxford, from 13 – 16 July, 2007. Hosted by Dadi Janki, Brian Bacon and Sr Jayanti, the **retreat** provided participants with an opportunity to take time out, learn how to meditate and deepen spiritual understanding as a basis of effective leadership.

Plenary sessions conducted by Br Brian, provided insights and reflective exercises into the role of spirituality and meditation in personal and professional life. Sessions entitled "Learning to read the signs – being the Detached Observer and "The Harmonic Triangle – Connecting, Giving and Receiving" allowed participants to deeply reflect upon their personal journey. This paved the way for Dadi Janki to inject the spiritual understanding needed to unblock one's energies, develop good character and move forward in life. Sessions with Dadi included 'A Still Mind' and 'Connecting with the Divine'.

Sr Jayanti offered the clarity and crucial bridge from spiritual understanding to practice in sessions entitled "Understanding the inner conversations" and "Harmony in relationships". Interwoven throughout the **retreat**, participants had the opportunity to process, dialogue and experience meditation in small groups led by an experienced BK 'meditation guide'.

Significant highlights of the **retreat** were the 'Global Café' session, an evening of informal conversation where participants were invited to share in (rotating) small groups over hot chocolate and cream; and a special dinner and cabaret style entertainment which generated lots of fun and

### About Me



**Name:** BKWSU  
**Home:** Philippines  
**About Me:** The **Brahma Kumaris** World Spiritual University is a global organization committed to supporting world transformation through personal transformation. **Brahma Kumaris** gives meditation courses and spiritual workshops in over 7000 centers across 129 countries. As a significant part of its aspiration to create a better world, the BKWSU is also affiliated with the United Nations as a non-governmental organization. It holds a general consultative status with Economic and Social Council (ECOSOC) and consultative status with UNICEF and has received seven UN Peace Messengers Awards. The university's teachings are founded on the premise that there is innate goodness in all human beings, regardless of race, color, and creed.  
 See my complete profile

### Thought for Today



#### THOUGHT FOR TODAY

##### Divine Help

Many times people report the feeling of divine help and strength when they come close to breaking point. Actually divine help is always there, but I am usually so busy doing things in my own little way that I only look for it when I face absolute defeat. The tranquil nature of enlightened souls comes from their ability to take God's help constantly. A state of true surrender will lead to the feeling of victory in everything I do.

Daily Thoughts from [www.thoughtfortoday.org.uk](http://www.thoughtfortoday.org.uk)

### Service Photos

- Stability in the Intellect of a

### Previous Post

...Serenity in the presence of a

- Woman
- Food and Soul & The Power of Positive Mind
- BKs in PeopleSupport

### BK Write-ups

- Lessons from the one who wins the heart
- Rx for stress: Silence
- Global **Executive Retreat**
- Serenity on a Platter

### What Others Say... :-)

19 Dec 07, 13:08  
**mye:** hi. ur title is about an affair in Naga City but d news is about an earlier Baguio event. it has remained like that for weeks. have u noticed?

15 Nov 07, 13:24  
**Loveleen:** You are invited! "The Power of Appreciation" ; 17 Nov. at 4pm \* BK QC 414 9421

8 Nov 07, 08:38  
**Nayah:** read the article "Serenity on a Platter". May I suggests that Cecilia Montoya be the speaker of your upcoming programs

4 Nov 07, 17:59  
**angel:** Destination is inside

29 Oct 07, 10:43  
**Triz Chan:** pls update...the activities

20 Oct 07, 23:01

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a sense of belonging to a wider family.

The humility and honesty of participants during the feedback sessions created a deeply moving and appreciative atmosphere leaving everyone with a renewed sense of purpose, refreshed and inspired.

Some of the statements...

"Coming here 15 yrs after I went to Mt Abu - I am conscious that I have a new direction and path to follow. This has given me ideas of what that path should be...in partnership with the Divine. I am associated with a great number of networks and we can realise that we all want the same thing and come together to make a big difference" - Napier Collyns - Co-founder and Managing Director, Global Business Network

"The description of the harmonic triangle has brought me to a major realisation about my relationship with God. It brought me to a major realisation that I was doing deals with God...serious commerce. I was making deals with God that I'll be a good person so long as you give me what I want. Even goodness with God can be a deal.

By asking myself the question: Who am I? I have realised what kind of relationship and connectivity I deserve as a soul. That's my commitment to myself...to be the soul. What you are talking about as a responsibility is actually a commitment, not a responsibility but a commitment to who am I and what is my purpose. My purpose is to bring out potential in people and to make a commitment to myself, being a soul in the process. I realised what was missing because, I didn't think that my soul deserved that? Now through this experience, I have connected again with the soul, myself."

Emilia Mosseri, Founder and Partner, Leading Edge Technologies (L.E.T), Dubai, UAE:

"Whilst being here, parts of my own spiritual practice have been highlighted.

What I take from the **Brahma Kumaris** is a sense of intention and commitment and a sense of humour. For me the, sense of humour is the most important...it is the sign of an ability to hold something deeply and lightly...at the same time. The **Brahma Kumaris** hold a big mind and big intention. What is exciting to me about the BK's is the global reach that you have. There is a kind of flexibility that you have in engaging communities around you in many different ways. You have an incredible potential in your organisation, intention and humour in how to actually to be a real key part in helping this world make the transition it needs to make. Thanks for your generosity - and making it good fun to be here." Michael Chender, President, Coemergence; Chairman, Shambala Institute for Authentic Leadership, Nova Scotia, Canada

"I come from Venezuela and I ask myself, how much time will our managers keep wanting to see us growing and growing. The key now is harmony and stability not growth. This world needs leaders, not more managers, those who are willing to focus on developing potential...

We depend on internal equilibrium and external stability. Meditation has been very valuable towards that internal equilibrium and to access the highest consciousness. Then nature evolves from there. ...harmony is naturally created. This is the gift that you as a wonderful organisation and the people bring...We can do this." Adolfo Jarran - President, Creating C.A, Venezuela

Om Shanti.

*posted by BKWSU @ 3:47 PM*

0 Comments:

- Music and Magic!!!
- **Brahma Kumaris** Makati
- **Brahma Kumaris** Quezon City
- Rx for stress: Silence
- Lessons from 'the one who wins the heart'
- Inner Space Davao
- Inner Space Manila
- Center for Spiritual Learning, Tagaytay
- For the SUCCESS....
- Mabuhay ang bagong magsasaka!

### Archives

### Links

- **Brahma Kumaris**
- One Minute Silence
- Relaxation Center
- Center for Spiritual Learning, Tagaytay

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